



**Widowed Gathering
“A Day of Healing through Art
and Sacred Drumming”
June 10, 2017**

11:30 am to 3:30 pm

**TULA Yoga
99 Snelling Avenue North
St. Paul, Minnesota**

Join us for a day of
companionship and support.
We will meet to renew, learn,
and connect with other
widowed people.



Program Details

The event program is “**Healing
through Art and Sacred
Drumming**”

Led by Cheri Bunker. Certified Health
Rhythms and Soul Collage Facilitator.

We will learn a variety of new tools to
help mend and strengthen our
hearts..

The event is free. Pre-registration
required.

**To reserve your place at the
gathering visit our website**

www.griefproject.org.



The Gathering

Small and intimate, personal touch,
personal attention.

Food, laughter, sharing and new
friendships.

Inspiring Speakers

Organized by widowed men &
women who are here to be a
resource to you.

Step out of your regular routine &
relax with us.

**Our Mission: To companion the
bereaved as they discover new life
after loss and to share our common
journey.**